

Malawi 500km cycle challenge 2019



Making positive changes to lives in Malawi

8th—22nd April (6 cycle days, plus one safari and 1 day by Lake Malawi)

Blantyre to Sam's Training Village

Added on 3 days to work in some of the projects afterwards, based at Sam's Village

£950 + raise minimum of £1,000 in charity donation, (flights & insurance not included)

AFRICAN VISION MALAWI

'Creating Lasting Change'

www.africanvision.org.uk

heather.palmer@africanvision.org.uk

